



**DynamicPeople**  
Training & Development Centre

Approved Centre of City & Guilds/Edexcel/OCN

BSEN ISO 900:2000 Registered Firm.

## Moving and Handling of People Training

This training programme is designed to provide students with the essential knowledge and understanding of the safe process of moving people to prevent injury to themselves and the person being moved, whilst also covering the legal requirements regarding the handling of people.

### The syllabus includes:

- Health and Safety at Work 1974
- Manual Handling Regulations 1999
- Duty of care
- Moving and handling assessments
- Basic principles of safer handling
- Company handling policy
- Anatomy
- Unsafe moves
- Practical
- Working with equipment
- Moving and transferring

This course is presented by means of tutorials, practical exercises and group discussions.

### Assessment:

The course is delivered in one day – 6 hours and candidates must demonstrate a willingness to learn along with interaction of group activities.

### Cost:

Our training courses are competitively priced at £45 per candidate or £350 for group booking of maximum 12 candidates in a group.

### Important information

The training venue should be quiet and undisturbed. Staff should not be expected to be on duty on the day of training as each candidate attending should remain for the entire length of the session.

**Interested? Then contact Dynamic People Ltd on**  
**Telephone: - 02084469091 or 0208 492 8339 or 01923 802443**  
**Email: [training@dynamicpeople.co.uk](mailto:training@dynamicpeople.co.uk)**

